

# GETTING HEALTHY AT THE CELLULAR LEVEL

Becoming Who God Created You to Be

WEBINAR WITH DR. FRANCIS MYLES AND SCOTT OATSVALL • WWW.FOODWARS777.COM

## STUDY GUIDE

# Getting Healthy at the Cellular Level: Becoming Who God Created You to Be

## I. What Is a Food War? (Dr. Francis Myles)

- A. It's a term that God gave us to describe the ancient mystery which surrounds food from Genesis to the present day.
- B. It's a term that describes the globalist agenda of "Big Food" to weaponize GMO food in order to control millions of people. There would be no "Big Pharma" if there was no "Big Food."
- C. It is also a term that denotes the fact that you will face intense spiritual warfare from both the devil and your flesh when you make a conscious choice to become healthy.

## II. What Is the First Commandment in the Bible? (Dr. Francis Myles)

- A. Most believers will quickly look to the 10 Commandments given by God to Moses to answer this question.
- B. The first commandment is actually found in Genesis 2:15–17.
- C. This first commandment sets the tone for what would become the spiritual and natural food wars.
- D. God's first commandment to Adam and Eve proves that **eating is essentially a spiritual act, as well as a natural act.**
- E. What God told me that "Shocked me!"

### **III. What is the Relationship between Food and Dominion?** (Dr. Francis Myles)

- A. The Law of Dominion and Territory, defined.
- B. Analyzing the second thing God gave to mankind after bestowing them with Dominion.
- C. Understanding the relationship between Food and Dominion will help us understand why Daniel and his Hebrew friends refused to eat from King Nebuchadnezzar's table.

### **IV. What Does Romans 9:13 really mean?** (Dr. Francis Myles)

- A. Deciphering the true meaning behind Romans 9:13.
- B. The tale of two twin brothers:
  - 1. An ancient prophecy.
  - 2. Esau—a man of the wild.
  - 3. Jacob—a domesticated man.
  - 4. The Blessing of the Firstborn.
- C. Esau renounces his God-given birthright.
- D. Romans 9:13 finally REVEALED!
- E. Why God went along with Jacob's deception of his father Isaac.

### **V. The Wake-Up Call** (Coach Scott Oatsvall)

- A. Coach, you are dying, and another man will walk your daughters down the aisle at their wedding!
- B. A question I asked my doctor that he refused to answer.
- C. God is good. How God got me off five prescription drugs in six weeks.
- D. A new path: How I lost over 65 pounds in six months!

### **VI. Breaking through the Wall of Excuses** (Coach Scott Oatsvall)

People will come up with all kinds of excuses not to get healthy, excuses that say more about their inner conversations than about the difficulty of getting healthy. Here are some of the most common excuses:

- A. I can't give up the food and drinks I love.
- B. I'm not ready to make that type of commitment to my health.
- C. I don't have the money to invest in a health program.
- D. I have tried everything before. Nothing works for me.
- E. I don't need a coach. I can do this by myself.

## **VII. We Are in a Real and Tragic Health Crisis in the Body of Christ**

(Coach Scott Oatsvall)

Finding God in the Middle of the Food Wars is a simple and sustainable divine blueprint on how to get healthy at the cellular level and become all that God has created you to be. This course teaches you about:

- A. The strategies and structure that reverse chronic illnesses and diseases.
- B. The root cause of physical, mental, and spiritual health.
- C. The DNA of true healthcare that tackles our need to be healthy so that we can live our best life.
- D. You will discover a universal health plan which outlines a step-by-step formula that will equip anyone to overcome the 3 T's that we all face:
  - 1. Trauma!
  - 2. Toxins!
  - 3. Thoughts!